

Wellness Oasis

GRAND HOTEL 4 OPATIJSKA CVIJETA



PRICE LIST

Dear Guests,

Welcome to the new wellness oasis of the Grand Hotel 4 Opatijska Cvijeta!

Join us on the path to awakening your senses and vital energy, after which you can return to your everyday life filled with happiness and with a smile on your face. We invite you to enjoy the benefits of the well-preserved nature that surrounds us and its fantastic diversity. The cleanliness of the seawater in Kvarner Bay and the abundance that it offers, the refreshing mixture of the mountain and sea air of the area's therapeutic microclimate, combined with the fragrant aromas of the forests and meadows from nearby Mount Učka, make the Opatija Riviera a natural wellness destination providing ideal conditions for superb wellness experience. We have included all this wealth of nature in our wide range of wellness treatments and therapies, which you can enjoy in our wellness centre under the expert guidance of our professional therapists and attentive staff.

We have chosen the best of the best and included it in our wellness philosophy: live life to the fullest.

MEDITERRANEAN CORNER

This corner offers traditional treatments with local medicinal herbs that have grown in this area for centuries. Providing deep relaxation with the aromas and touch of pure nature, these treatments will refresh and heal your body, spirit and mind at all levels. The products used for the treatments are prepared on the spot.

HARMONY OF LAVENDER

Lavender Aroma Exfoliation 30' **200.00 kn**

A combination of sea salt, essential lavender oil and dry lavender flowers.

Lavender Relax 45' **300.00 kn**

An aroma massage with a mixture of a base of cold pressed oil and essential lavender oil for complete relaxation.

Lavender Refresh 60' **350.00 kn**

Almond oil combined with dry lavender flowers has a gentle exfoliating effect, nourishes the skin, and provides a feeling of relaxation

Lavender Vital 60' **400.00 kn**

A body massage with pindas filled with dry lavender flowers combined with warm aromatic oils that has a deep relaxing, cleaning and refreshing effect on your body

Lavender de Luxe 90' **600.00 kn**

This superb ritual with lavender includes a cup of welcome tea upon arrival, a massage with dry lavender flowers and almond oil, facial care and a scalp massage.

MEDITERRANEAN CORNER

Clearness of Rosemary

Rosemary Aroma Exfoliation 30' **200.00 kn**

A combination of sea salt and essential rosemary oil

Sea Breeze 45' **300.00 kn**

An aroma massage with an aromatic preparation of a base of cold pressed oil and essential rosemary oil which stimulates circulation and the process of body cleansing, and clears the mind.

Sea Dew 60' **400.00 kn**

This stimulating, detox body massage with pindas filled with dry rosemary in combination with warm aromatic oils will refresh and clear your mind, body and spirit

Rosemary de Luxe 90' **600.00 kn**

This superb ritual with rosemary includes a cup of welcome tea upon arrival, a massage with dry rosemary in combination with warm aromatic oils, facial care and a scalp massage

MEDITERRANEAN CORNER

The Timeless Beauty of Immortelle

Beauty Aroma Exfoliation 30' **250.00 kn**

A combination of sea salt, essential oil and dry immortelle flowers

Divine Immortelle 45' **450.00 kn**

This anti-age body massage with an aromatic preparation made of a base of cold pressed oil and essential immortelle and rose tree oils has a deep vitalising and regenerating effect on the skin and relaxes mind, body and spirit

Beauty de Luxe 90' **750.00 kn**

This superb ritual with immortelle includes a cup of welcome tea upon arrival, an anti-age body massage, facial care and a scalp massage

MEDITERRANEAN CORNER

GRANDMA'S HUG WITH ST. JOHN'S WORT AND SAGE

Aroma Exfoliation with St. John's Wort and Sage 30' 200.00 kn

A combination of sea salt, essential oil and dry flowers of St. John's wort and sage

Invigorating Sage 45' 350.00 kn

An aromatic massage with a preparation made of a base of cold pressed oil and essential sage oil to relax muscles and create a feeling of ease in the body

Painless Back with St. John's Wort 60' 370.00 kn

This combination of a hydro massage and therapeutic back massage has a beneficial effect on sore backs exposed to stress and prone to reduced mobility

Touch of Healing 75' 500.00 kn

This superb ritual with St. John's wort and sage includes a cup of welcome tea upon arrival, a hot stone back massage, an aromatic body massage with a preparation made of a base of cold pressed oil and essential sage and St. John's wort oil, and an acupressure scalp massage

Her Holiness Olive 60' 450.00 kn

This superb ritual with her holiness olive includes a cup of welcome tea upon arrival, a refreshing and vitalising massage with dry basil in warm olive oil, and a nourishing and deeply relaxing facial and scalp massage

BEAUTY CORNER

Luxury manicure 60' **200.00 kn**
with massage and nutritive hand pack

Luxury pedicure 60' **250.00 kn**
with massage and refreshing mask

Nail polishing **70.00 kn**

French nail polishing **110.00 kn**

Permanent nail polishing **130.00 kn**

CHILDREN'S CORNER

Junior manicure 20' **100.00 kn**

Junior body massage 30' **150.00 kn**
(For children up to 10 years of age)

COSMETICS

Eyebrow or eyelash colouring 60.00 kn

Eyebrow shaping 40.00 kn

HAIR REMOVAL

Complete legs 165.00 kn

Partial legs / arms / face 80.00 kn

Bikini zone / Arm pits 60.00 kn

Facial hair 40.00 kn

Men chest 150.00 kn

Men back 170.00 kn

MASSAGE CORNER

The choice of unique massage techniques brings intense physical and mental relaxation, balance and well-being of the body energies.

INTERNATIONAL MESSAGES

Traditional massage 45' 300.00 kn

For general relaxation and well-being.

Sport massage 50' 500.00 kn

Full body

Partial sport massage 30' 300.00 kn

Back / legs / hands

Relax massage 60' 450.00 kn

Full body massage with carefully chosen aroma oils relaxes and helps with tension and pain.

Anti-cellulite massage 45' 260.00 kn

Effective help in all stages of cellulite.

Hot stone massage 60' 450.00 kn

Massage with hot volcanic stones for deep relaxation

Anti stress moment 30' 260.00 kn

Arms, shoulders, face and scalp massage, relaxes, energizes, balances and purifies thoughts

Aroma massage 60' 500.00 kn

Rejuvenating body massage, a unique feeling for all senses. Oils: almond, rose, lavender, immortelle.

Partial relax massage of your choice 30' 230.00 kn

back / foot / face

Partial therapeutic massage 30' 260.00 kn

**with personal consultation for instant exercise*

Currently eliminate back / shoulder / neck pain

Medical massage 30' 360.00 kn

Classical medical massage for relaxation, perfect for reducing the tension after exertion, fatigue or pain.

Foot reflexology massage 30' 330.00 kn

Stimulation of foot reflex zones provides smooth energy flow and vitality of body and mind

MASSAGE RITUALS

Hamмам bathing ritual 75' 650.00 kn

Oriental ritual, complete body care starts with steam bath, continues with energizing brushing with glove of camel hair and vitalising massage in the 'cloud' foam

Hammam de luxe body ritual 120' 850.00 kn

Oriental ritual is complete body care starting with steam bath, continues with energizing brushing with glove of camel hair and vitalising massage in the 'cloud' foam. Ritual finishes with a nourishing and relaxing body massage

Choco pure 60'

480.00 kn

Anti-stress face & body massage using home-made hot chocolate, nourishes skin, improves mood

Honey bliss 45'

420.00 kn

Massage with honey and sea salt vitalises, heals and removes accumulated fluids from the body

Body care COMFORT ZONE



Skin Regimen 60'

350.00 kn

A body treatment that detoxifies, nurtures and stimulates collagen production. The result is renewed skin, improved tone and a younger body appearance. This is a unique experience provided by a body scrub combined with a special massage inspired by the Kabat technique that strengthens tissue and boosts skin elasticity.

Tranquillity pro sleep 60'

500.00 kn

A massage that stimulates deep relaxation, regular breathing and muscle stretching by using aromatherapy and special massage brushes. The slow and hypnotic movements encourage the client to indulge completely and prepare him for sleep.

Tranquillity Ritual 60' / 90'

500.00 kn/650.00 kn

A complete face and body treatment using a special massage technique which helps our body to relax completely and contributes to psychophysical equilibrium. The movements are slow, deep and pleasant. This massage helps deeply relax psychophysical tension and remove toxins from the body. It releases muscle and connective tissue contracture, boosts circulation, equilibrates energy flows, and regenerates the body. An unbelievable de-stressing effect!

Salt Massage 50'**550.00 kn**

Salt – a symbol of life, happiness, health, and wellbeing. Known by ancient cultures for its therapeutic properties, salt protects, cleanses, and heals. This ancient salt ritual provides extraordinary benefits for the body, soothes muscle pain and tension, and stimulates the metabolism. It boosts circulation, detoxifies, and brings one's energy into balance. This is the ideal treatment for weight loss, and a very efficient one.

Salt Massage Ritual 75'**750.00 kn**

This ritual includes a full body salt scrub and an extraordinary salt massage with warm Himalayan rock salt.

Body Strategist Cellulite**Aroma Therapy Wrap 60'****500.00 kn**

An intensive treatment with bandages based on essential oils that acts against cellulite and imperfections caused by poor blood circulation and fluid accumulation. There is an instantaneous feeling of lightness in the legs and visible results after the first treatment. Suitable for people with swollen legs and visible capillaries.

Aroma Therapy Firming 60'**550.00 kn**

An intense treatment that uses a tamanu oil and green walnut mask to improve skin elasticity, reduce stretch marks, regenerate tissue, and provide an excellent hydrating effect.

Face treatment COMFORT ZONE



Skin Regimen 45'

450.00 kn

A revolutionary professional approach that provides incredible results after only 30 minutes of facial treatment. In young skin, it prevents the first signs of ageing, slowing down the process. For mature skin, it can be used as required for correction, to maintain the appearance of the skin, and to prevent further ageing. Ideal for all climates and skin types throughout the year.

Sublime Skin Treatment

Hyaluron / double peel 45'

450.00 kn

A treatment that restructures, stimulates cell renewal, and restores radiance to the face, neck and décolletage. A double peel in combination with vitamin C ensures efficiency and provides a blitz effect. It is particularly recommended for mature, thickened skin and uneven complexions. It is also recommended for people with oily skin issues. The choice between two concentrations of AHA acids makes this product ideal for both sensitive and resilient skin. Delicate peel is suitable for most sensitive skin, and is used to begin the treatment cycle. The skin looks much younger. During sunny periods, clients are advised to use sunscreen.

Anti Age/ Active Lift 60'

650.00 kn

An anti-age and lifting treatment for the face and neck. Combined with a special lifting massage technique, it restores the fullness and volume of the skin. This special effect is achieved thanks to an innovative biphasic peel-off mask. It is suitable for all types of skin that have wrinkles and which have visibly lost tone and volume.

Anti Age/ Deluxe Lift 75'

750.00 kn

A treatment that restructures and lifts the skin. In combination with ACTIVE LIFT MASSAGE, it stimulates cell renewal, fills in wrinkles, and lifts the volume of the face skin. Its efficiency is achieved thanks to a double peel combined with vitamin C. A particular result is achieved thanks to a biphasic peel-off mask. It is particularly suitable for mature skin that is thickened and has an uneven complexion, wrinkles and has visibly lost tone and volume.

SPA CORNER

SOLARIUM

Use of 1 chip / duration 4' 16.00 kn

SPA MEMBERSHIP

10 SESSIONS 800.00 kn

FULL WEEK (Mon-Sun) 700.00 kn

MONTHLY TICKET (2 times a week) 900.00 kn

THREE-MONTH TICKET (1 x Mon-Fri, 1 x Fri-Sun) 1,400.00 kn

SIX-MONTH TICKET (1 x Mon-Thu; 1 x weekends) 1,800.00 kn

ANNUAL TICKET (1 x Mon-Thu, 1 x Fri-Sun) 2,800.00 kn

SPA ZONE

MON – FRI

Hotel guests max 180' 90.00 kn

Outside guests max 180' 120.00 kn

Additional hour 40.00 kn

Daily ticket 230.00 kn

SATURDAYS, SUNDAYS, AND HOLIDAYS

Hotel guests max 180' 90.00 kn

Outside guests max 180' 150.00 kn

Additional hour 50.00 kn

Daily ticket 250.00 kn

POOL FOR OUTSIDE GUESTS (max 180')

MONDAY-FRIDAY		40.00 kn
CHILDREN UP TO 2 YEARS		0 kn
CHILDREN FROM 3 TO 12 YEARS OLD		20.00 kn
CHILDREN OF 13 YEARS OLD AND ABOVE		40.00 kn
SATURDAYS, SUNDAYS, AND HOLIDAYS		50.00 kn
CHILDREN UP TO 2 YEARS OLD		0 kn
CHILDREN FROM 3 TO 12 YEARS OLD		25.00 kn
CHILDREN OF 13 YEARS OLD AND ABOVE		50.00 kn
10 SESSIONS		300.00 kn
MONTHLY TICKET		380.00 kn
THREE-MONTH TICKET		580.00 kn
ANNUAL TICKET		700.00 kn
FITNESS CENTAR		
Outside guests	60'	60.00 kn
FITNESS TICKETS		
FULL WEEK		180.00 kn
10 SESSIONS		200 .00 kn
20 SESSIONS + POOL		350.00 kn
MONTHLY TICKET		280.00 kn
THREE-MONTH TICKET		580.00 kn
SIX-MONTH TICKET		880.00 kn
ANNUAL TICKET		1,100.00 kn

GIFT VOUCHERS

Give with love and style – surprise your loved ones with an original gift! Let them choose a relaxing treatment from our wellness offer in combination with relaxation in our SPA zone.

